

# Kick Up Your Heels



Competition Step Sheet

**DIVISION: Intermediate**

Description: 64 Counts, 2 Walls, Showdance, Non-Country  
Choreographer: Jessica Devlin  
Music: Kick Up Your Heels (feat Pitbull) by Jessica Mauboy  
(Special Edit).  
Available at [www.wdm.dance](http://www.wdm.dance)  
Intro: 16 Counts

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- 1-8**      **2 x Dorothy Steps, Step ½ Turn, Back Lock Step with ½ Turn**  
1,2&      Step RF forward, Lock LF behind RF, Step RF forward  
3,4&      Step LF forward, Lock RF behind RF, Step LF forward  
5,6      Step RF forward, make ½ over L-shoulder placing weight on LF (6.00)  
7&8      Making a ½ turn over L-shoulder step back on RF, cross LF over RF, Step RF  
back (12.00)
- 9-16**      **Walk back x2, Coaster step, Charleston Step**  
1,2      Walk back on LF, Walk back on RF  
3&4      Step back on LF, Close RF next to LF, Step LF forward  
5,6      Touch R toe forward, Step RF back  
7,8      Touch L toe back, Step LF fwd,
- 17-24**      **2 x Taps to R Side, Weave to L, Side Rock to L-Side, Weave to R**  
1,2      Tap RF to R-side x 2  
3&4      Step RF behind LF, Step LF to L-Side, Cross RF over LF  
5,6      Rock LF to L-Side, Recover weight to RF  
7&8      Step LF behind RF, Step RF to R-Side, Cross LF over RF
- 25-32**      **3 x Kicks Forward, Tap to Side, Sailor Step, Cross Behind Unwind**  
1&2&      Kick RF Forward, close RF next to LF, Kick LF forward, Close LF next to RF  
3,4      Kick RF Forward, Touch R-Toe to R-Side  
5&6      Step RF behind LF, Step LF to L-side, Step RF in place  
7,8      Cross LF behind RF, unwind ½ over L-Shoulder placing weight to LF (6.00)
- 33-40**      **Charleston Flicks x3, Cross back, Side triple to diagonal**  
1&2&      Flick RF to R-side, Close RF next to LF, Flick LF to L-side, close LF next to RF  
3&4      Flick RF to R-side, touch RF next to LF, Flick RF to R-side  
5,6      Cross RF over LF, Step back on LF  
7&8      1/8 turn R Step RF to R side, Close LF next to RF, Step RF to R side
- 41-48**      **Charleston Flicks x3, Cross back, Side triple to diagonal**  
**1&2&**      Squaring up to 12.00 flick LF to L-side, Close LF next to RF, Flick RF to R-  
side, close RF next to LF  
**3&4**      Flick LF to L-side, touch LF next to RF, Flick LF to L-side  
**5,6**      Cross LF over RF, Step back on RF

- 7&8** 1/8 turn L step LF to L side, Close RF next to LF, Step LF to L side (Facing 4:30 diagonal)
- 49-56** **Step out-out, in-in, Bump Knees x2, Cross rock, Slide to Side, Touch**  
&1&2 (Facing 4:30 diagonal) Step RF out, Step LF out, Step RF back, Step LF next to RF  
&3&4 Lift both heels, Recover, lift both heels, Recover  
5,6 Cross rock RF over LF, Recover weight to LF  
7,8 Take large step with RF to R-side sliding LF towards RF, Touch LF next to RF (Facing 7:30 diagonal)
- 57-64** **Step out-out, in-in, Bump Knees x2, Cross rock, Slide to Side, Touch**  
&1&2 (Facing 7:30 diagonal) Step LF out, Step RF out, Step LF back, Step RF next to LF  
&3&4 Lift both heels, Recover, lift both heels, Recover  
5,6 Cross rock LF over RF, Recover weight to RF  
7,8 Take large step with LF to L-side sliding RF towards LF, Touch RF next to LF

**Begin again ☺**