

One Night Only



Competition Step Sheet

DIVISION: Novice Open, Crystal, Silver, Gold & Platinum

Description: 32 Counts, 4 Walls, Showdance, Non-Country
Choreographer: Hannah Day
Music: One Night Only - Disco Version by Beyonce, Sharon Leal & Anika Noni Rose (Special Edit).
Available at www.wdm.dance
Intro: 16 Counts
Note: There is a restart after 28 counts on Wall 8. Dancers will dance Wall 1 Vanilla, Wall 2 Vanilla, Wall 3 Variation, Wall 4 Vanilla, Wall 5 Variation, Wall 6 Vanilla, Wall 7 Variation, Wall 8 (until restart) Vanilla, Wall 9 Variation, V & V to finish.

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- 1-8 Step Point, Step Hitch, ½ Pivot, 2 Walks R, L**
1,2 Step RF fwd, point LF to L side
3,4 Step LF fwd, hitch R knee up placing RF next to L knee
5,6 Step RF fwd, make ½ turn over L-shoulder taking weight to LF (6.00)
7,8 Walk fwd R, walk fwd L
- 9-16 Step Touch with Hip Dip x2, Kick Ball Cross, Point Out In**
1,2 Step RF to R side as you swing hips from L to R, touch LF in place
3,4 Step LF to L side as you swing hips from R to L, touch RF in place
5&6 Kick RF to R diagonal, step RF next to L, cross LF over R (6.00)
7,8 Point RF to R side, touch RF next to L
- 17-24 3 Walks R, L, R, Kick, Big Step Back, Hold, Ball Change, Touch**
1,2,3 Walk fwd R, walk fwd L, walk fwd R
4,5,6 Kick LF fwd, take a large step back on LF, hold count 6
&7,8 Rock RF back, recover weight to LF, touch RF next to L
- 25-32 Slow ¼ Pivot, Cross, Back, Side, Together**
1,2 Step RF fwd, hold count 2 (6.00)
3,4* Make ¼ turn over L-shoulder taking weight to LF, hold count 4 (3.00)
**Restart here on wall 8 (facing 12.00)*
5,6 Cross RF over L, step LF back
7,8 Step RF to R side, step LF next to R

Begin again 😊