



Dream On 2021

24 Counts 4 Walls Absolute Beginner Level Dace

Choreographed by Rob Fowler (UK) Nov 2007

Chosen for LDF Mental Health Awareness 2021

Choreographed to Reach Out And Touch (Somebody's Hand) by Diana Ross

Intro: 33 Counts. Start on the vocal "Touch" at approx 15 Secs

SUPPORTING MENTAL HEALTH AWARENESS Remember, somebody, somewhere is suffering,

18th – 25th September 2021

SEC 1 BASIC WALTZ FORWARD AND BACK

1-3 Step left forward, Step right beside left, Step left in place

4-6 Step right back, Step left beside right, Step right in place

SEC 2 TWINKLE, CROSS, SIDE, BEHIND

1-3 Turning slightly to right step left across right, Step right to side, Turning slightly left step left in place

4-6 Step right across left, Step left to side, Step right behind left, Cross Side Behind Left

SEC 3 SIDE LEFT, SLIDE, SIDE RIGHT, SLIDE

1-3 Step left long step to left, Slide right towards left (2 counts, weight on left)

4-6 Step right long step to right, Slide left towards right (2 counts, weight on right)

SEC 4 TWINKLE, TWINKLE ¼ TURN

1-3 Step left across right, Step right to side, Turning slightly left step left in place

4-6 Step right across left, Step left to side starting to turn right, Step right slightly forward completing ¼ turn right (3:00)

Reach Out

LDF Mental Health Awareness initiative. Dancers are asked to make and post their own videos to Facebook week beginning Saturday 18th September. We hope to see a steady stream of "Dream On" videos supporting "Reach Out in Dance" for Mental Health Awareness throughout the week culminating in a world-wide "Reach Out and Dance" Dream On at 14.00 BST on Saturday 25th September



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